



# EatMoveRelax Wellness Conference

*The only place in the Jackson Metro Area where you can hear local integrative practitioners talk about their health and wellness approaches for everyday living.*

## St. Andrew's Upper School McRae Science Center

- 1 Registration
- 2 Lecture Hall
- 3 Vendors - 2 levels
- 4 Classrooms - lower level
- 5 Resource Center
- 6 Live Demo - Yard

## Thank you to our wellness friends and sponsors!



The Garden Farmacy | All About You | Dr. and Mrs. Russell Young | That Organic Chef